

# Capital Tea Menu

## Sandwiches

*Our sandwiches are made fresh to order and served with a side salad and our house vinaigrette. We love them best grilled on our Panini grill.*

**Curry Tuna** ~ Zesty curry spices blend wonderfully with tuna, green onions, lemon juice, and mayonnaise on whole wheat bread..... \$7.49

**Veggie** ~ Sliced cucumber, tomato, avocado, red onion and red pepper on whole wheat bread. Choice of cream cheese or sliced cheese..... \$7.49

**Turkey & Swiss** ~ Sliced turkey and Swiss cheese with roasted red pepper or fresh tomato, spicy mustard on light rye. .... \$7.99

### The Other Turkey Sandwich

Layers of sliced turkey, avocado, tomato with our own chipotle mayo on toasted sourdough. .... \$7.99

**Three-Cheese Grill** ~ Three cheeses blend beautifully with Dijon mustard & your choice of roasted pepper or tomato (or both) on dark rye. .... \$6.99

**Lapsang Souchong Egg Salad** ~ Eggs marinated in smoky tea then blended with fresh chives, lemon juice and mayo on white bread. .... \$7.49

**Smoked Salmon & Marinated Cucumber** ~ Tangy cucumber pickles, cream cheese and smoked salmon on dark rye. .... \$8.99

**New**

**Breakfast Sandwich** ~ Scrambled egg, cheese & choice of tomato or red pepper. Fruit on the side.. \$6.49  
Add Bacon..... \$7.99

## Salads

*We use only organic greens and very fresh veggies. Our house vinaigrette makes a pleasant addition to all of our salad compositions.*

**Turkey Salad** ~ Organic greens, fresh veggies, sliced turkey, cranberries, cashews & feta cheese. .... \$8.99

**Curry Tuna Salad** ~ Organic greens and veggies with a generous scoop of our delightful curry tuna. .... \$8.49

**Lapsang Souchong Egg Salad** ~ Organic greens and veggies with our unique egg salad. .... \$8.49

**CT Side Salad** ~ Organic greens, cucumber, red onion & tomato. .... \$4.50

## In Addition:

Potato Chips ..... \$1.00  
Substitutions ..... \$ .50  
Split plate charge..... \$1.00  
Add cheese ..... \$1.00  
Toast with butter and jam..... \$1.50  
Child's Plate ~ half cheese sandwich, salad or Chips & small drink ..... \$4.99

## Baked Treats

*At Capital Tea, we believe that a fine cup of tea deserves to be accompanied by a worthy treat. Our baked goods are made fresh in our kitchen using seasonal, and, whenever possible, organic ingredients. The bakery menu changes daily and reflects our love of pairing superior teas and treats.*

## Teas *(see back for Tea Inventory)*

### Regular Teas

**Cup** ..... \$2.50  
**Teapot**  
Regular (16 oz) ..... \$3.95  
Large (24 oz)..... \$4.95  
**To Go** (16 oz) ..... \$2.75

### Top Shelf Teas

**Cup** ..... \$3.50  
**Teapot**  
Regular (16 oz) ..... \$5.25  
Large (24 oz)..... \$6.50  
**To Go** (16 oz) ..... \$4.00

## Cold Drinks

Iced Teas of the Day ..... \$3.00  
CT Fizz (Our own tea soda made from black tea, flavored syrup & Perrier) ..... \$3.50  
Iced Chai ..... \$3.00  
Italian Soda ..... \$2.00  
Perrier Mineral Water ..... \$2.00  
Bottled water ..... \$1.00

# CAPITAL TEA

Tuesday – Saturday: 9:30 am – 5:30 pm

Closed Sunday & Monday

1450 S. Broadway, Denver, CO 80210

303.777.2255

[www.captea.com](http://www.captea.com)

L.Biro, Owner

Free wireless internet on premises

## TEA INVENTORY

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*These teas have been thoughtfully chosen in order to ensure a comprehensive selection from around the world as well as flavors that enhance your tasting experience whether you linger with us at Capital Tea or brew tea in your own home. All of our teas can be purchased in bulk – just ask for the bulk tea price list.*

## BLACK

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Numalighur  
Assam Valley Breakfast Blend  
Rembeng Estate STGFOP Organic  
Sessa Assam STGFOPS  
English Breakfast Organic  
Keemun OP  
Yunnan TGFOP  
Namring Upper Estate Darjeeling II Flush  
Selimhill Estate Darjeeling FTGFOP Organic  
Kenilworth Estate (Ceylon)  
Prince of Wales Blend  
Tigerhill Nilgiri FOP  
Lapsang Souchong Superior  
White Tip Earl Grey  
Earl Grey OP

Lavender Earl Grey  
Milima Estate GFOP Kenyan  
Russian Caravan Smoky Blend  
Craigmore Plantation Nilgiri TGFOP  
Monk's Blend Organic

## GREEN

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Houjicha  
Sencha  
Genmaicha  
Genmaimatcha  
Kukicha  
Lily Yin Hao  
Temple of Heaven Gunpowder Green  
Bi Lo Chun  
Yun Wu Organic  
Lung Ching Organic  
Jasmine Fujian Organic

## OO LONG

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Pouchong  
Ti Kwan Yin Flowery  
Orange Blossom Oolong  
White Tip Oolong

## WHITE

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Pai-Mu-tan White Peony  
White Chai

## FLAVORED

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Cherry Tisane  
Moroccan Mint Green  
Serenitea w/chamomile & lemon  
Immortalitea w/rosemary, sage & rose petals  
Tangerine Green w/marigolds, safflower & tangerine  
Ginger Peach Organic  
Peach Vanilla w/peach pieces & vanilla  
Black Jasmine Crème  
Black Currant  
Cinnamon Orange Spice  
Masala Chai

## HERBAL

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Herbal Chai  
Hibiscus Flowers  
Honeybush Organic  
Honeybush Kimberley  
Rooibos Organic

## TOP SHELF

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Castleton Estate I Flush Darjeeling FTGFOP  
Earl Grey Windemere  
Four Seasons Oolong  
Havukal Estate Frost Nilgiri STGFOP  
High Mountain Jin Xuan Oolong  
Jasmine Pearls  
Kalej Valley II Flush Darjeeling FTGFOP  
Mei Lan Chun Green  
Zhen Qu

## DE-CAF (WATER PROCESSED)

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Nilgiri Black De-Caf Organic  
Nilgiri Green De-Caf FOP Organic  
English Breakfast De-Caf  
Earl Grey Fancy FOP De-Caf

## PU-ERH

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Mini Tuocha Pu-erh Organic

### Tea Terminology

**While no exact vocabulary exists to define tea taste & quality, there are several agreed-upon terms that help describe flavor and quality of tea leaves.**

**Here are a few of them:**

**Brisk - a lively taste; indicates well-fermented leaf.**

**Tip - the end of delicate leaf buds; tippy flavor is desirable in quality leaves.**

**Malty - containing a hint of malt, depth and smoothness desirable in well-made tea.**

**Brassy - tea liquor with a bitter taste.**

**Astringent - dry sensation caused by high level of unoxidized polyphenols; may be unpleasant.**